

Afrika Abney
202-384-5925

"Afrika is dedicated to teaching art and dance to youth. She is very professional and super willing to go the extra mile to seek clarity and communicate effectively with other teachers." - Sylvana Juliet Christopher, Afrobeats Dance Instructor with Joy of Motion Dance Center

"Afrika served as my substitute dance instructor for Samba Fusions which took place at Joy of Motion Dance Center - Friendship Heights from 2013 - 2015 and was very professional. I was referred to her by Sylvana Juliet Christopher." - Tanya Nuchols, Dance Instructor with Joy of Motion Dance Center

PROFILE SUMMARY

Ms. Afrika Abney has provided professional dance services at a wide variety of venues. She uses her formal training and education in the area of dance to offer instruction. Ms. Abney was trained in West African dance and ballet by various dance companies and individuals based in Washington, D.C.. Some of them include Melvin Deal, African Heritage Dancers and Dancers; Kadiatou Conte, Balafon Women's Ensemble; NationHouse West African Dance Staff, Afia Akoto, Makini N., and Akua Kouyate; and Sherrill Berryman Johnson. She has developed great expertise in maintaining a productive classroom environment and dance studio.

Ms. Abney provided substitute dance teaching for Joy of Motion from 2013 - 2015.

SELECTED DANCE CONSULTANT PROFESSIONAL EXPERIENCES

SUBSTITUTE DANCE INSTRUCTOR. Joy of Motion Dance Center, Washington, DC. August 2013. Provided dance instruction to students grades 9 -12 in the absence of the studio teacher for the World Intensive Summer Camp.

SUBSTITUTE DANCE INSTRUCTOR. Joy of Motion Dance Center, Washington, DC. 2013 - 2015. Provided dance instruction to children and adults in the absence of the studio teacher. Taught Samba Fusion - All Levels and Afro Beats - All Levels.

AFROBEAT, a dance class that includes a fusion of modern and African upbeat combinations to Nigerian music, inspired by FELA! the musical.

Samba Fusion, a dance workout that brings the benefits of basic samba/axe drills and steps to tone muscles.

"Substitute teaching is a great way to get experience in the classroom and become known in a school. However, being a substitute is not always easy. Since it is an on-call position, substitutes are not sure if and when they will have work. Students may try to give substitutes a hard time."

Joy of Motion Dance Center Spotlights Dance Across Cultures!

November 8, 2014 from 2-3pm

Where;Atlas, 1333 H St NE

Washington, DC

Afrobeat dance class includes a fusion of modern and African upbeat combinations to Nigerian music, inspired by FELA! the musical. Hypnotic, hip-shaking jazzy riffs will get your whole body moving! This class is designed to make you MOVE! Check out MOVE in action!

Level: All levels are welcome.

Drop-in Class Rates:

Single Class – \$17

New Students – \$20 Unlimited Classes for 1-week

College students/Age 65 and older/Professional artists with valid ID – \$13

Pointe – Single Class Rate (No Drop-in Discounts or Flexicards) – \$20

Substitute Dance Instructor: Afrika Abney

Samba Fusions, December 11, 2014 at 10:30am

Joy of Motion Dance Center-Friendship Heights

5207 Wisconsin Ave, Washington, DC 20015

Samba Fusion, a dance workout that brings the benefits of basic samba/axe drills and steps to tone muscles.

Level: All levels are welcome.

Drop-in Class Rates:

Single Class – \$17

New Students – \$20 Unlimited Classes for 1-week

College students/Age 65 and older/Professional artists with valid ID – \$13

Pointe – Single Class Rate (No Drop-in Discounts or Flexicards) – \$20

Substitute Dance Instructor: Afrika Abney

Joy of Motion Dance Center Spotlights Dance Across Cultures!

When: December 27, 2014 from 2-3pm

Where;Atlas, 1333 H St NE

Washington, DC

Afrobeat dance class includes a fusion of modern and African upbeat combinations to Nigerian music, inspired by FELA! the musical. Hypnotic, hip-shaking jazzy riffs will get your whole body moving! This class is designed to make you MOVE! Check out MOVE in action!

Level: All levels are welcome.

Drop-in Class Rates:

Single Class – \$17

New Students – \$20 Unlimited Classes for 1-week

College students/Age 65 and older/Professional artists with valid ID – \$13

Pointe – Single Class Rate (No Drop-in Discounts or Flexicards) – \$20

Substitute Dance Instructor: Afrika Abney

Jan. 17, 2014

Afrobeats-All Levels at Joy of Motion Dance Center-Atlas at 2pm

Where;Atlas, 1333 H St NE

Washington, DC

Afrobeat dance class includes a fusion of modern and African upbeat combinations to Nigerian music, inspired by FELA! the musical. Hypnotic, hip-shaking jazzy riffs will get your whole body moving! This class is designed to make you MOVE! Check out MOVE in action!

Level: All levels are welcome.

Drop-in Class Rates:

Single Class – \$17

New Students – \$20 Unlimited Classes for 1-week

College students/Age 65 and older/Professional artists with valid ID – \$13

Pointe – Single Class Rate (No Drop-in Discounts or Flexicards) – \$20

Substitute Dance Instructor: Afrika Abney

Samba Fusions-All Levels, March 26, 2015 and April 2, 2015

Joy of Motion Dance Center - Friendship Heights at 10:30am

5207 Wisconsin Ave, Washington, DC 20015

Samba Fusion, a dance workout that brings the benefits of basic samba/axe drills and steps to tone muscles.

Drop-in Class Rates:

Single Class – \$17

New Students – \$20 Unlimited Classes for 1-week

College students/Age 65 and older/Professional artists with valid ID – \$13

Pointe – Single Class Rate (No Drop-in Discounts or Flexicards) – \$20

Substitute Dance Instructor: Afrika Abney

Afrobeats - All Levels at Joy of Motion Dance Center- Atlas

Saturday, May 30, 2015 at 2:00pm - 3:00pm

Joy of Motion Dance Center Atlas

1333 H St NE, Washington, District of Columbia 20002

Afrobeat dance class includes a fusion of modern and African upbeat combinations to Nigerian music, inspired by FELA! the musical. Hypnotic, hip-shaking jazzy riffs will get your whole body moving! This class is designed to make you MOVE! Check out MOVE in action!

Level: All levels are welcome.

Substitute Dance Instructor: Afrika Abney

Afrobeats - All Levels at Joy of Motion Dance Center- Atlas

July 4, 2015 from 2-3pm.

1333 H St NE, Washington, District of Columbia 20002

Afrobeat dance class includes a fusion of modern and African upbeat combinations to Nigerian music, inspired by FELA! the musical. Hypnotic, hip-shaking jazzy riffs will get your whole body moving! This class is designed to make you MOVE! Check out MOVE in action!

Drop-in Class Rates:

Single Class – \$17

New Students – \$20 Unlimited Classes for 1-week

College students/Age 65 and older/Professional artists with valid ID – \$13

Joy of Motion Dance Center Atlas

Level: All levels are welcome.

Substitute Dance Instructor: Afrika Abney

Samba Fusions-All Levels, July 2, 2015

Joy of Motion Dance Center - Friendship Heights at 10:30am

5207 Wisconsin Ave, Washington, DC 20015

Samba Fusion, a dance workout that brings the benefits of basic samba/axe drills and steps to tone muscles.

Drop-in Class Rates:

Single Class – \$17

New Students – \$20 Unlimited Classes for 1-week

College students/Age 65 and older/Professional artists with valid ID – \$13

Pointe – Single Class Rate (No Drop-in Discounts or Flexicards) – \$20

Substitute Dance Instructor: Afrika Abney

Afrobeats - All Levels at Joy of Motion Dance Center- Atlas Sept 2 2015 from 2-3pm.

Drop-in Class Rates:

Single Class – \$17

New Students – \$20 Unlimited Classes for 1-week

College students/Age 65 and older/Professional artists with valid ID – \$13

Joy of Motion Dance Center Atlas

1333 H St NE, Washington, District of Columbia 20002

Afrobeat dance class includes a fusion of modern and African upbeat combinations to Nigerian music, inspired by FELA! the musical. Hypnotic, hip-shaking jazzy riffs will get your whole body moving! This class is designed to make you MOVE! Check out MOVE in action!

Level: All levels are welcome.

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